



WE'RE HERE FOR YOU

We are committed to giving you the answers you need. Only you can make the final decision concerning the outcome of your pregnancy. At Women's Care Medical Center, we have a support system you can lean on and ask questions at no cost to you. We are here for you!

QUESTIONS?

We are here to be a resource of information and to answer whatever questions you might have and offer you the support and resources you need.

To learn more about our services and how you can receive assistance as a parent, schedule your no-cost appointment with us today!



YOUR OPTIONS



P.O. Box 1610 • Robertsdale, AL 36567
251.947.2111
womenscaremedicalcenter.org

PARENTING

The Best Decision is
an Informed Decision

IS PARENTING THE RIGHT CHOICE FOR ME?

The best decision is an informed decision. It is important to take the time to get all the information on your options to know what is best for you and your child.

All new parents have their doubts and fears when it comes to raising a child. It seems overwhelming and even impossible for some. Know that with the help of others and support, parenting is not only possible but so rewarding. Oftentimes, the rewards can far outweigh the challenges that come with parenting.



IS THE FATHER OF THE BABY REQUIRED TO HELP ME?

When you make a decision to parent, you must consider how much the father will be involved in your baby's daily life. Many things determine his involvement, including your relationship with him and how much he desires to be involved.

Co-parenting is possible, whether you intend to have a future with the father of your baby or not. If he is interested in parenting with you, we have a program designed specifically for men. Ask your Advocate for more information.

Regardless of his involvement, fathers have a responsibility to help support your child. Many states will help you pursue court-ordered child support from the father of the baby.

WHAT ASSISTANCE IS AVAILABLE FOR ME?

There are a variety of resources available in your community. Your Advocate can offer referrals to local resources that are available to you, whether its to help meet your practical needs such as food or housing, or to assist with finding childcare, healthcare, or even a job. We're here to help you.

Women's Care Medical Center offers free Parenting Classes equipping you to be the best parent you can be, so you can be confident in your choice to parent.

Upon completion of the Parenting Program, you will receive an entire layette set, including a car seat, diapers, clothes and other necessities. To register for classes, call our office at 251.947.2111.

<u>Group Classes:</u>	<u>Individual Classes:</u>
	Mon-Thurs, 12 pm
Robertsdale: Monday, 4 pm or 6 pm	
Gulf Shores: Thursday, 3 pm	

LAYETTE SET



This picture does not represent an exact replica of the layette set you will receive.